

Cindy Kubica

(Koo-bee-ka)

Since 1982, Stress expert Cindy Kubica has motivated thousands of people across the country and internationally to reach a higher standard of excellence by showing them how to re-energize their attitude and move beyond stress management to energy management. Her unique approach has earned her the title, *The Energy Coach*.

Cindy is co-owner of a commercial photography studio and the author of her best selling audio books, *In Search of Normal: Moving Life from Chaos to Clarity*; and *Fit to Communicate: Energizing Your Attitude*. Her bound books include; *Career Compass for Women*, and *I Want a Love Story to Happen to Me*.

She is active in the National Speakers Association and was presented with the Member of the Year award for her accomplishments as president of the Tennessee chapter.

When Cindy's not traveling the roads she's running the roads, participating in everything from 5k's to marathons.

Please welcome *The Energy Coach, Cindy Kubica*.